



Crosby Stuart Junior Football Club in Association with Tosh Farrell Soccer

Strive for Excellence Program

Frequently asked questions:

Q. How do I register?

A. Go to www.toshfarrellsoccer.com click on PROGRAM tab at top of page. Complete the registration form. Payment details will then be sent to you.

Q. How long does this program last?

A. The program will run in conjunction with Crosby Stuart football season. The program will not run during school breaks or holidays.

Q. Do I need to attend every week?

A. Ideally, yes, as this is a development program we build on the previous week's session. Missing one or two sessions is OK but anymore than that and players are playing catch up.

Q. Can I sign up for one week and see if I like it?

A. Yes.

Q. Can I just turn up and pay on night?

A. No! Payment has to be made online. We have to make sure we are organized with appropriate staff. In addition, our session plans for that evening may be affected.

Q. Who will be my coach?

A. Tosh Farrell will lead most of the sessions or one of his highly qualified and experienced colleagues.

Q. How do you support the program?

A. During the coming weeks the program will be supported by the use of video and other forms of sports science technology that will be accessed through the Tosh Farrell website.

Q. What kit do I need to wear?

A. Your Crosby Stuart Kit will be OK. **BUT** you must wear flat astro shoes or similar **NO STUDS!**

Q. What if my child does not like it?

A. Rather than just stop attending, tell us what aspects or problems they are experiencing and we will try to rectify them. If we cannot resolve the situation any refunds that maybe due would be pro rata and refunded.

Q. Apart from football skills what else will you be doing?

A. We will also be introducing, a balance speed and coordination program, in order to build a player profile, so we can identify the individuals area for improvement.

Q. Is there a discount for signing up for the full season?

A. I am afraid not.

Q. Will my son or daughter be asked to play in games for Tosh Farrell Soccer?

A . No. Your games provider will be Crosby Stuart JFC.

Q. How will I be informed of cancellations etc?

A. Through website, email, social media etc.